**Oakland Athletics – 2018 Instruction Sheet (v2) (1st Trimester ONLY)**

Owner: David Sabal

Phone Number: 480-329-8279

Rotation

1. Sean Manaea
2. Jharel Cotton
3. Dan Straily
4. Ricky Nolasco
5. Collin McHugh

Email Address: [d\_sabal@hotmail.com](mailto:d_sabal@hotmail.com)

PITCHERS (10)

* Trevor Cahill (KAN)
* Jharel Cotton (OAK)
* Sean Doolittle (WSH)
* Daniel Hudson (PIT)
* Sean Manaea (OAK)
* Collin McHugh (HOU)
* Ricky Nolasco (LAA)
* Trevor Rosenthal (STL)
* Dan Straily (MIA)
* Jose Torres (SDP)

Starting Lineup

DH Ichiro Suzuki

CF Cameron Maybin

3B Evan Longoria

LF Jose Bautista

SS Troy Tulowitski

RF Jason Heyward

1B Tommy Joseph

C J.T. Realmuto

2B Jace Peterson

MINORS (8)

* Franklin Barreto (OAK)
* Mark Canha (OAK)
* Adam Eaton (WSH)
* Ryan McMahon (COL)
* Andrew Stephenson (WSH)
* Tyler Danish (CWS)
* Buck Farmer (DET)
* Tomas Nido (NYM)

HITTERS (15)

* Jose Bautista (TOR)
* Jason Heyward (CHC)
* Tommy Joseph (PHI)
* Jose Lobaton (WSH) (**FA)**
* Evan Longoria (TAM)
* Cameron Maybin (HOU)
* Jarrett Parker (SFO)
* Jace Peterson (ATL)
* Chad Pinder (OAK)
* Boog Powell (OAK)
* J.T. Realmuto (MIA)
* J.T. Riddle (MIA)
* Ichiro Suzuki (MIA)
* Yasmany Tomas (ARI)
* Troy Tulowitski (TOR)

Bullpen

* Sean Doolittle
* Trevor Rosenthal
* Jose Torres
* Daniel Hudson
* Trevor Cahill

Injuries/Ejection Substitutions

|  |  |  |  |
| --- | --- | --- | --- |
| BASERUNNING | No Outs | One Out | Two Outs |
| 1st to 3rd | 8 | 7 | 6 |
| 1st to Home | 9 | 7 | 6 |
| 2nd to 3rd | 8 | 7 | 6 |
| 2nd to Home | 8 | 7 | 6 |
| 3rd to Home | 8 | 7 | 6 |
|  |  |  |  |

|  |  |  |  |
| --- | --- | --- | --- |
| STEALING | No Outs | One Out | Two Outs |
| 2nd | 7 | 7 | 7 |
| 3rd | 7 | 7 | N/A |
| Home | N/A | N/A | N/A |

C – Lobaton

1B – Any available

2B – Pinder

3B – Pinder

SS – Riddle

LF/RF – Parker

CF – Powell

DH – Any available

Defensive Strategy

- No Intentional Walks

- Never hold a baserunner with an ASR of 3 or less

- Never hold a runner on first with a left-pull hitter at the plate

- Infield In with a runner on 3rd with less than 2 outs AND runners on 2nd and 3rd with less than 2 outs

- Corners In with runners on 1st and 3rd and less than 2 outs with the runner on 1st having an ASR of 3 or less

- Throw at the lead runner if he has an ABR of 6 or less

- Throw at the lead runner if he is the tying or winning run from 7th inning on

Pitching strategy

- Starting pitchers will go a minimum of 5 innings regardless of fatigue. When fatigued by 5th inning, pull at start of 6th inning and follow bullpen rules EXCEPT when he is pitching a shutout OR the Athletics’ lead is greater than 3 runs. As soon as that no longer applies, use bullpen rules.

- Bullpen Rules: (ALWAYS PULL RELIEF PITCHER WHEN FATIGUED)

Emergency: If starter is injured or ejected before the end of the 5th inning, bring in Trevor Cahill who will pitch until fatigued or 6th inning.

6th inning: Bring in Daniel Hudson (2 innings max).

7th inning: Bring in Jose Torres (2 innings max).

8th inning: Bring in Trevor Rosenthal (1 inning max)

9th inning: If Oakland is leading by 3 runs or less, use Sean Doolittle. If Oakland is leading by more than three runs or losing, continue with current unfatigued pitcher. Only bring in Doolittle if the tying run is on deck.

- In extra innings, use the following in order and if available (2 innings max.): Cahill, Hudson, Torres, Rosenthal, Doolittle. You may use Cahill for 3 innings. If available, only bring in Doolittle if Oakland takes the lead in extras.

**If you have any questions or issues, please contact me.**