



**2024 Arizona Diamondbacks**  
 Instruction Sheet – **1<sup>st</sup> Tri ONLY (revised)**  
 National Baseball Committee  
 Est. 1999

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Coaching Staff  
 Bench Coach: Billy Chapel  
 Hitting Coach: Roy Hobbs  
 Pitching Coach: Ebby "Nuke" Laloosh  
 Bullpen Coach: Larry "Crash" Davis  
 First Base Coach: Stan Ross  
 Third Base Coach: Jake Taylor

Major League Roster

HITTERS (14)

- Nick Ahmed (ARI)
- Corbin Carroll (ARI)
- Eduardo Escobar (LAA)
- Mitch Garver (TEX)
- Lourdes Gurriel Jr. (ARI)
- Austin Hays (BAL)
- Carson Kelly (DET)
- Omar Narvaez (NYM)
- Blake Perkins (MIL)
- Edmundo Sosa (PHI)
- Eugenio Suarez (SEA)
- Ramon Urias (BAL)
- Daulton Varsho (ARI)
- Christian Walker (ARI)

vs. RHP

- DH Corbin Carroll  
 \* Austin Hays  
 \* Lourdes Gurriel Jr.  
 1B Christian Walker  
 C Mitch Garver  
 3B Eugenio Suarez  
 CF Daulton Varsho  
 2B Ramon Urias  
 SS Nick Ahmed

vs. LHP

- DH Corbin Carroll  
 \* Austin Hays  
 \* Lourdes Gurriel Jr.  
 1B Christian Walker  
 3B Eugenio Suarez  
 CF Daulton Varsho  
 2B Ramon Urias  
 C Carson Kelly  
 SS Edmundo Sosa

**\* see defensive instructions below**

Base stealing (after adjustments)

- If C arm is VG, downgrade 1 grade.
- If C arm is EX, downgrade 2 grades.
- Steal 2<sup>nd</sup> if steal rating is VG or 7
- Steal 3<sup>rd</sup> if steal rating is EX or 8
- NEVER steal home.
- NEVER steal with two outs

Baserunning (after adjustments)

- When given the opportunity, advance an additional base (1<sup>st</sup> to 3<sup>rd</sup>, 2<sup>nd</sup> to home) if rating is VG or 7 AND less than two outs. If two outs, advance if rating is 6 or AV
- Attempt to score from 3<sup>rd</sup> if rating is VG or 7 UNLESS infield is in. If infield is in, attempt if rating is EX or 8

PITCHERS (12)

- Adbert Alzolay (CHC)
- Scott Barlow (SDP)
- Brennan Bernadino (BOS)
- Jason Foley (DET)
- Zac Gallen (ARI)
- Adrian Houser (MIL)
- Collin McHugh (ATL)
- Cal Quantrill (CLE)
- Colin Rea (MIL)
- Max Scherzer (TEX)
- Lucas Sims (CIN)
- Ryan Yarbrough (LAD)

Offensive Strategy

- No bunting
- No hit-and-run

Defensive Strategy

- **In TPB (cards), Austin Hays starts in LF, Lourdes Gurriel Jr. starts in RF**
- **In DMB (computer), Austin Hays starts in RF, Lourdes Gurriel Jr. starts in LF**
- No Intentional Walks
- Always go for the double play
- Throw at all base runners attempting to steal. If double steal, throw at the weaker basestealer.
- Throw at all base runners attempting to score if the ABR ≤ 7 or VG UNLESS the base runner is the go-ahead run from 7<sup>th</sup> inning on. In that case, throw at the lead runner regardless.
- Corners In with runners at 1<sup>st</sup> or 1<sup>st</sup> and 3<sup>rd</sup> from 7<sup>th</sup> inning on and less than two outs
- Infield In with a runner on third only with less than 2 outs for any inning

Minor League Roster

(Tucson Sidewinders)

- Daniel Bard (COL)
- Oneil Cruz (PIT)
- Luis Frias (ARI)
- Kyle Harrison (SFO)
- Peter Strzelecki (ARI)
- Andrew Wantz (LAA)
- Kyle Wright (ATL)

Pitching Strategy

- All starting pitchers MUST go 5 innings then they can be replaced after they allow ONE baserunner AFTER reaching their stamina/pitch count limit, except:
  - o If the SP is pitching a shutout, leave in until they allow a run OR the tying run is on-deck.
  - o If the SP is injured or ejected **any time before the 5<sup>th</sup> inning**, bring in Ryan Yarbrough. If not available, bring in Adrian Houser if he's not scheduled to start in the series.
- Bullpen Rules:
  - o Relievers pitch to their pitch count. Once reaching their pitch count, pull from game immediately if they allow a baserunner.
  - o Start with 1<sup>st</sup> pitcher on list then move to next pitcher based on availability.
  - o **Never** use a reliever more than two games in a row.
  - o 1<sup>st</sup> to 5<sup>th</sup> inning
    - Ryan Yarbrough, Adrian Houser (only if he isn't starting in the series)
  - o 6<sup>th</sup> inning
    - Collin McHugh, Scott Barlow (only if 2 of 1<sup>st</sup> 3 hitters are RH or are LH/SH who have worse numbers against RHs), Brennan Bernadino (only if 2 of 1<sup>st</sup> 3 hitters are LH or are LH/SH who have worse numbers against LHs), Ryan Yarbrough, Adrian Houser
  - o 7<sup>th</sup> inning
    - Jason Foley, Collin McHugh, Scott Barlow, Brennan Bernadino
  - o 8<sup>th</sup> inning
    - Lucas Sims, Jason Foley, Collin McHugh
  - o 9<sup>th</sup> inning
    - Adbert Alzolay (only if DBacks are leading), Lucas Sims, Jason Foley, Collin McHugh
  - o 10<sup>th</sup> inning on
    - Adbert Alzolay (**try to put in only if the DBacks take the lead in extras and if available**), Lucas Sims, Jason Foley, Collin McHugh, Scott Barlow, Brennan Bernadino, Ryan Yarbrough, Adrian Houser

Pitching Rotation w/ Pitch Counts

1. Gallen (PC: 105)
2. Scherzer (PC: 95)
3. Rea (PC: 95)
4. Houser (PC: 95)
5. Quantrill (PC: 95)

Bullpen Roles w/ Pitch Counts

Closer: Alzolay (PC: 40)  
 Setup: Sims (PC: 40)  
 Setup: Foley (PC: 40)  
 Middle: McHugh (PC: 50)  
 Middle vs. RH: Barlow (PC: 40)  
 Middle vs. LH: Bernadino (PC: 35)  
 Long: Yarbrough (PC: 65)

Injury/Defensive Substitutions

- C: Kelly, Navarez
- 1B: Escobar
- 2B: Sosa, Escobar
- SS: Sosa, Ahmed
- 3B: Escobar, Sosa
- LF: Perkins, Carroll
- CF: Perkins, Carroll
- RF: Perkins, Carroll
- DH: Any available

**AS YOU CAN SEE, I'VE GIVEN A LITTLE MORE THOUGHT WITH MY SHEET  
 ESPECIALLY MY BULLPEN RULES  
 IF YOU HAVE ANY QUESTIONS OR CONCERNS, LET ME KNOW BUT OVERALL  
 PLAY AS YOU SEE FAIR AND WITHIN BASEBALL AND LEAGUE RULES.**