



2024 Arizona Diamondbacks

Instruction Sheet – 2nd Trimester
National Baseball Committee
Est. 1999

Owner: Tony Sabal
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Coaching Staff

Bench Coach: Billy Chapel
Hitting Coach: Roy Hobbs
Pitching Coach: Ebby "Nuke" Laloosh
Bullpen Coach: Larry "Crash" Davis
First Base Coach: Stan Ross
Third Base Coach: Jake Taylor

Major League Roster

HITTERS (14)

- Nick Ahmed (ARI)
- Corbin Carroll (ARI)
- Eduardo Escobar (LAA)
- Mitch Garver (TEX)
- Lourdes Gurriel Jr. (ARI)
- Austin Hays (BAL)
- Carson Kelly (DET)
- Omar Narvaez (NYM)
- Blake Perkins (MIL)
- Edmundo Sosa (PHI)
- Eugenio Suarez (SEA)
- Ramon Urias (BAL)
- Daulton Varsho (ARI)
- Christian Walker (ARI)

PITCHERS (12)

- Adbert Alzolay (CHC)
- Scott Barlow (SDP)
- Brennan Bernadino (BOS)
- Jason Foley (DET)
- Zac Gallen (ARI)
- Adrian Houser (MIL)
- Collin McHugh (ATL)
- Cal Quantrill (CLE)
- Colin Rea (MIL)
- Max Scherzer (TEX)
- Lucas Sims (CIN)
- Ryan Yarbrough (LAD)

Minor League Roster

(Tucson Sidewinders)

- Daniel Bard (COL)
- Oneil Cruz (PIT)
- Luis Frias (ARI)
- Kyle Harrison (SFO)
- Peter Strzelecki (ARI)
- Andrew Wantz (LAA)
- Kyle Wright (ATL)

Pitching Rotation w/ Pitch Counts

1. Gallen (PC: 105)
2. Scherzer (PC: 95)
3. Quantrill (PC: 95)
4. Houser (PC: 95)
5. Rea (PC: 95)

Bullpen Roles w/ Pitch Counts

Closer: Alzolay (PC: 40)
Setup: Sims (PC: 40)
Setup: Foley (PC: 40)
Middle: McHugh (PC: 50)
Middle vs. RH: Barlow (PC: 40)
Middle vs. LH: Bernadino (PC: 35)
Long: Yarbrough (PC: 65)
Long (Emergency): Rea (PC: 65)

Injury/Defensive Substitutions

- C: Kelly, Navarez
- 1B: Escobar
- 2B: Sosa, Escobar
- SS: Sosa, Ahmed
- 3B: Escobar, Sosa
- LF: Perkins, Carroll
- CF: Perkins, Carroll
- RF: Perkins, Carroll
- DH: Any available

vs. RHP

DH Corbin Carroll
* Austin Hays
* Lourdes Gurriel Jr.
1B Christian Walker
C Mitch Garver
3B Eugenio Suarez
CF Daulton Varsho
2B Ramon Urias
SS Nick Ahmed

vs. LHP

DH Corbin Carroll
* Austin Hays
* Lourdes Gurriel Jr.
1B Christian Walker
3B Eugenio Suarez
CF Daulton Varsho
SS Edmundo Sosa
2B Ramon Urias
C Omar Narvaez

* see defensive instructions below

Offensive Strategy

- No bunting
- No hit-and-run

Defensive Strategy

- **In TPB (cards), Austin Hays starts in LF, Lourdes Gurriel Jr. starts in RF**
- **In DMB (computer), Austin Hays starts in RF, Lourdes Gurriel Jr. starts in LF**
- No Intentional Walks
- Always go for the double play
- Throw at all base runners attempting to steal. If double steal, throw at the weaker basestealer.
- Throw at all base runners attempting to score if the ABR ≤ 7 or VG UNLESS the base runner is the go-ahead run from 7th inning on. In that case, throw at the lead runner regardless.
- Corners In with runners at 1st or 1st and 3rd from 7th inning on and less than two outs
- Infield In with a runner on third only with less than 2 outs for any inning

Pitching Strategy

- All starting pitchers MUST go 5 innings then they can be replaced after they allow ONE baserunner AFTER reaching their stamina/pitch count limit, except:
 - o If the SP is pitching a shutout, leave in until they allow a run OR the tying run is on-deck.
 - o If the SP is injured or ejected **any time before the 5th inning**, bring in Ryan Yarbrough. If not available, bring in Adrian Houser if he's not scheduled to start in the series.
- Bullpen Rules:
 - o Relievers pitch to their pitch count. Once reaching their pitch count, pull from game immediately if they allow a baserunner.
 - o Start with 1st pitcher on list then move to next pitcher based on availability.
 - o **Never** use a reliever more than two games in a row.
 - o 1st to 5th inning
 - Ryan Yarbrough, Colin Rea (only if he isn't starting in the series)
 - o 6th inning
 - Collin McHugh, Scott Barlow (only if 2 of 1st 3 hitters are RH or are LH/SH who have worse numbers against RHs), Brennan Bernadino (only if 2 of 1st 3 hitters are LH or are LH/SH who have worse numbers against LHs), Ryan Yarbrough, Colin Rea
 - o 7th inning
 - Jason Foley, Collin McHugh, Scott Barlow, Brennan Bernadino
 - o 8th inning
 - Lucas Sims, Jason Foley, Collin McHugh
 - o 9th inning
 - Adbert Alzolay (only if DBacks are leading), Lucas Sims, Jason Foley, Collin McHugh
 - o 10th inning on
 - Adbert Alzolay (**try to put in only if the DBacks take the lead in extras and if available**), Lucas Sims, Jason Foley, Collin McHugh, Scott Barlow, Brennan Bernadino, Ryan Yarbrough, Colin Rea

Base stealing (after adjustments)

- If C arm is VG, downgrade 1 grade.
- If C arm is EX, downgrade 2 grades.
- Steal 2nd if steal rating is VG or 7
- Steal 3rd if steal rating is EX or 8
- NEVER steal home.
- NEVER steal with two outs

Baserunning (after adjustments)

- When given the opportunity, advance an additional base (1st to 3rd, 2nd to home) if rating is VG or 7 AND less than two outs. If two outs, advance if rating is 6 or AV
- Attempt to score from 3rd if rating is VG or 7 UNLESS infield is in. If infield is in, attempt if rating is EX or 8

**AS YOU CAN SEE, I'VE GIVEN A LITTLE MORE THOUGHT WITH MY SHEET
ESPECIALLY MY BULLPEN RULES
IF YOU HAVE ANY QUESTIONS OR CONCERNS, LET ME KNOW BUT OVERALL
PLAY AS YOU SEE FAIR AND WITHIN BASEBALL AND LEAGUE RULES.**